

SUBMISSION OF RESEARCH PAPER

Papers are invited on any of the conference sub themes in English. Full length papers (approx. 2000 words) are to be submitted in English (Times New Roman, Font Size 12) as per APA norms from Abstract to reference with line spacing of 1.5 and 1 inch margin on all sides. Full length papers must include author(s) name, affiliated institution name, mobile no., email address. This should be sent via E-mail to psynationalconf2024@gmail.com

Paper selected after scrutiny by the committee will be published in *UGC CARE List Journal- "Sanshodhak"* The publication processing fees is- single author- 2500/- and co-author 1000/- additional. Make sure that the paper has less than 10% plagiarism. Paper will not be published unless delegation fees are paid in advanced i.e **9th March 2024**

Bank details for Research Publication

Name- Bank of Maharashtra, Karmad
Name of A/C Holder- Bhagwan Ramnath Bochar
Account Number- 60237043028
IFSC Code- MAHB0001739
UPI NO. 9767517776

CONFERENCE REGISTRATION FEES:

Category of Delegates	Early Birds till 10 th March 2024 Fees	Spot Registration Fees
Academicians and Professionals	1200	1500
Research Scholars	1000	1200
Students	500	800

<https://forms.gle/pq8VCNYyikoj9qUD7>

Bank details for Registration

Name- Bank of Maharashtra,
Branch Name- Dr.B.A.M.University, Aurangabad
Name of Account Holder- Head, Department of Psychology
Account Number- 60305946896
IFSC Code- MAHB0000152

Contact Number :-

Dr.Bocahre - 9767517776

Dr.Bhutekar - 9764341880

CHIEF PATRON

Prof. (Dr) Vijay Fulari

Hon'ble Vice Chancellor

Dr. Babasaheb Ambedkar Marathwada University,
Chh. Sambhajinagar.

PATRON

Prof. (Dr) Prashant Amrutkar

Registrar (in charge)

Dr. Babasaheb Ambedkar Marathwada University,
Chh. Sambhajinagar.

ADVISORY COMMITTEE

Dr. Shantaram Raipure	Dr. Ravindra Ghoti
Dr. Rajni Senad	Dr. Umakant Gaikwad
Dr. Mansaram Autade	Dr. Mahendra Patil
Dr. Ravindra Shinde	Dr. Bharat Mimrot
Dr. Vilas Mahajan	Dr. Amit Raut
Dr. Rajesh Sirsath	Dr. Vishnu Paghal
Dr. Swati Kekare	Dr. Suhash Joshi
Dr. Shailesh Bansode	Dr. Arun Daitkar
Dr. Arti Thale	Dr. Sambhaji Marathe
Dr. Anil Wagh	Dr. Vitthal Pingale
Dr. Prajakti Wagh	Dr. Suresh Patil
Dr. M.K.Rakhunde	Dr. Vishwanath Bobade

ORGANISING COMMITTEE:

Dr. Amardeep Ambhore	Dr. Santosh Bhutekar
Dr. Bhagawan Bochar	Dr. Dharmaraj Phad
Dr. Vasant Solanke	Dr. Shivaji Talware
Dr. Mukhtar Shaikh	Dr. Nishigandha Vyawahare
	Mrs. Rashmi Mahajan



Dr. Babasaheb Ambedkar Marathwada University, Chh.Sambhajinagar

Organized by
Department of Psychology

National Level Conference On
"Role of Psychology in Well-Being"
16th March 2024



CONVENOR

DR. APARNA ASHTAPUTRE - SISODE
(Head, Department of Psychology)

Dr. Babasaheb Ambedkar Marathwada University,
Chh.Sambhajinagar (Aurangabad) Maharashtra.

Venue

Department of Psychology,
Dr. Babasaheb Ambedkar Marathwada University,
Chh. Sambhajinagar (Aurangabad) Maharashtra.

ABOUT THE CONFERENCE

Well-being is not just the absence of disease or illness. It's a complex combination of a person's physical, mental, emotional and social health factors. In simple words it is about 'how we are doing' as individuals, communities and as a nation. Psychology plays an important role in overall well-being of the individual. Conference aims to explore the role of psychology in well-being.

This conference is an opportunity to bring together the researcher, academician and professional working in the field of Well-being. Through interactions in the conference about different aspects of Well-being there will be definitely improvement in quality of life.

DEPARTMENT OF PSYCHOLOGY

Department of Psychology was established on 9th August 1972 was inaugurated by the then Vice-Chancellor R.P. Nath. For Masters Program the intake capacity is 40. There is specialization in Clinical Psychology and School Psychology which was started in year 2016-17. In 2009-10 the department started a Post Graduate Diploma in Psychological Counseling. The intake capacity of the course is 20. There also a certificate course in counseling psychology, which started in 2016-17. Its intake capacity is 30. The department is working in awareness of mental health. There is taboo about mental illness and about psychology; the department has undertaken various programs to reduce this taboo through "Psychology Club". The department also provides counseling services.

DR.BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY

Dr. Babasaheb Ambedkar Marathwada University (BAMU) formerly Marathwada University, is located in the historic Chh. Sambhajinagar, Maharashtra, India. It is named After Bharatratna Dr. Babasaheb Ambedkar, an Indian Jurist, Political Leader, Academician and the Chief Architect of the Indian Constitution. This University was established on 23rd August, 1958. It is one of the oldest premier universities established by Government of Maharashtra after Mumbai and Pune University. This university has contributed to the progress of adjoining region and people in innumerable ways. Since its inception, the university has around 428 colleges affiliated to it, which comes under four districts (Chh. Sambhajinagar, Jalna, Beed and Dharashiv) of the Maharashtra state. The Student population exceeds 4.44 lakhs.

CHH.SAMBHAJINAGAR AT A GLANCE

Aurangabad is the Divisional headquarter of Marathwada Region. This is the place having history right from the ancient times. The world famous Ajanta and Ellora caves are pride of the district. Aurangabad is also well known for Aurangabad Caves, Bibi-ka-Makbara and Panchakki. The ancient city Pratisthan(Paithan) and Nath Sagar project in the boundaries of Chh. Sambhajinagar.

Chh. Sambhajinagar is accessible by Air ways, Railways and Road. The university is 9km from the Chikalthana Airport, 5km from the Railway Station and 3km from the central Bus stand.

SUB THEME OF THE CONFERENCE

*** Positive psychology and well-being-** Happiness and life satisfaction, Gratitude practices, Finding strength in Everyday life

*** Holistic Approaches to Health-** Nutrition and Mental Well-being, Social Connections and Supports, Physical Exercise for mental health, Yoga and Mental Health, Relaxation Techniques, Art and Music Therapies

*** Strategies for Well-being Promotion-** Stress Management ,Building Resilience, Finding Meaning in Challenges, Early Signs of Mental Health Issues

*** Technology and Well-being-** Digital Well-being Practices, Managing Screen Time, Online Support Communities, Mindfulness Apps and Tools

*** Promoting Well-being in Educational Settings-**Students Mental Health Programs, Teachers Well-being, Creating Supportive Environment

IMPORTANT DATES

Last date of Abstract submission:

29th Feb 2024

Full length paper submission:

9th March 2024